

**5th International Integrative Psychotherapy
Association Conference
“Attachment, Relational-Needs,
and Psychotherapeutic Presence”**

**Vichy, France
April 21-24, 2011**

Wednesday, April 20: Evaluation Day for IIPA Certifications.

Thursday, April 21st

Thursday morning:

09:00 – 13:00 – An assembly of the entire conference. A break time will be arranged.

1. Keynote - Helene Cadot, “The Evolving Landscape of French Psychotherapy”

Hélène Cadot has been a clinical psychologist and psychotherapist for 25 years; she is a Certified Integrative Psychotherapist, Trainer & Supervisor, doing training in France and Central Europe. Currently member of the C.S.C of IIPA and of the editorial board of the Integrative Psychotherapy Journal. She has translated Integrative articles & books into French.

2. Keynote - Elizabeth Keeney, "The Experience of Attachment from the Inside Out"

Elizabeth Keeney PhD, LCSW is the manager of an inpatient chemical dependency rehab unit, a member of the Kent seminar, is an IIPA supervisor and trainer and has a psychotherapy practice on Staten Island, NY.

3. Keynote - Lindsay Stewart, “Weaving the Fabric of Attachment”

Lindsay Stewart is a Clinical Social Worker living in Vancouver Canada where he has a private practice working with individuals, couples and groups. Lindsay is a founding member of the IIPA and has provided training groups and clinical consultation using the Integrative Psychotherapy model for over 15 years.

4. Keynote - Richard Erskine, “Attachment, Relational-Needs, and Psychotherapeutic Presence”

Richard G. Erskine, Ph.D., is the President of the International Integrative Psychotherapy Association. In 1972, as a professor at the University of Illinois, Dr. Erskine developed the initial concepts of Integrative Psychotherapy. By 1976, he had established the Institute for Integrative Psychotherapy in New York City. Dr. Erskine is the author of “Integrative Psychotherapy in Action”, (with Janet Moursund), “Beyond Empathy: A Therapy of Contact in Relationship” (with Janet Moursund and Rebecca Trautmann), “Integrative Psychotherapy: The Art and Science of Relationship” (with Janet Moursund), and “Theories and Methods of an Integrative Transactional Analysis”.

Thursday afternoon:

15:00-18:00 -

Six simultaneous workshops; each group will choose their own break time.

1. Lise Small, “Attachment, Relational-Needs and Psychotherapeutic Presence”

How can we be aware of and respond appropriately to our patients' need for a therapeutic relationship? In this workshop I will present my understanding of the therapeutic relationship by discussing relational needs and how I work with them. I will describe my approach based on the theories of early development and attachment and share how, in my experience, these concepts have been essential in helping to create a healing relationship with patients. A significant part of the workshop will involve interactive exchanges with the group to explore misstatements that cause problems in therapy.

Lise Small is an Integrative Psychotherapy trainer and supervisor and a clinical member of ITAA. She was Vice-president of EATA and worked on the Ethics Committee. She was on the editorial boards of the TAJ and Les Actualities. Lise works in French and English. She has a training program in Integrative Psychotherapy.

2. Wayne Carpenter, “Attachment, Relational-Needs and Presence in Couples Therapy”

Integrative Psychotherapy, with its emphasis on attachment, relational needs, and therapeutic presence, provides a strong basis for couple therapy. This workshop will teach how to use basic IP concepts with couples, including how to move between the couple system and the individual in a manner that does not undermine the couple, examines script interlock, shame loops, reparative communication, attachment styles, and methods for helping couples achieve attunement and genuine presence to each other in a mindful and caring manner.

Wayne Carpenter is a Trainer and Supervisor of the IIPA. He is training director of the Rocky Mountain Integrative Psychotherapy Institute in Fort Collins, Colorado, USA and is deeply interested in couple psychotherapy.

3. Christine Huillier, “The Beneficial Effects of the Therapist’s Errors”

Using specific, real examples I will show how I work with my errors to create effective therapeutic interventions. These interventions allow me to work through many important issues with my clients. Recognizing and taking responsibility for therapeutic errors allows me as a psychotherapist to respond to the client’s relational needs, and to have a full, healing therapeutic presence that strengthens our relationship.

Christine Huillier; I am a Psychotherapist certified in Integrative Psychotherapy (CIP) and in Transactional Analysis (CTA). I am a member of the IIPA Ethics Committee. I see patients individually and in group. I am particularly sensitive to work analyzing my own counter-transference.

4. Mario Salvador, “Neurology: The 5th Area of Interpersonal Contact”

In this workshop I propose that neurology is the fifth area of contact that can help the client access neural networks where traumatic memories are stored. We will explore some therapeutic principles that use the power of our presence and the natural healing

capacities of the brain. We'll show how to access neural networks finding the brain-spot through the visual area where the implicit memory is stored in order to promote integration and healing. Therapeutic presence will help the client to use mindsight - the capacity to reflect on the nature of our own mind (Daniel Siegel) to heal the deeper implicit layers of the somatic script.

Mario C. Salvador is a Licensed Clinical Psychologist, an International Integrative Psychotherapy Trainer & Supervisor by IIPA, a Provisional Trainer & Supervisor Transactional Analyst by EATA-ITAA, a Brainspotting trainer and a Supervisor in EMDR. He runs training programs in Madrid, Barcelona and Romania.

5. Annie Dufreney, "Between Wanting and Fearing Attachment"

Attachment is the heart of all therapeutic relationship. This attachment is marked by the early experiences of the client, but equally by those of the therapist. During this workshop, we will broach the different relational needs of the client as well as those of the therapist. We will speak about the different types of attachment, and the therapy necessary to help the client to get out of the impasse.

Annie Dufreney (France), clinical psychologist, Certified Integrative Psychotherapist, Transactional Analyst Trainer and Supervisor. She has 30 years professional experience and a solid experience as a psychotherapist. After having worked with children and adolescents in an institution, she works today with adults – individually and in groups, in a private practice only. She leads regular training and supervision groups.

6. Fredrick Hufford, "The Six Reasons People Stay Stuck in Script"

This workshop will be an explanation and demonstration, by case example, of how people stay stuck in script; how scripts are influenced by attachment and relational needs, and how all is this can be changed by therapeutic presence.

Fredrick M. Hufford, M.A., Certified Transactional Analyst is in private practice in Charleston, West Virginia as a licensed Professional Counselor where he works with individual, couples, groups and families.

Thursday evening:

18:30 – 20:15: Welcoming Cocktail Party for Everyone, and a Celebration for Our Newly Certified Members.

Friday, April 22nd

Friday morning:

Morning workshops are from 09:00 – 13:00 (with the exception of the Fundamentals of IP) and the coffee break is 10:45-11:15.

Afternoon workshops are 1500-1800 with the break time being decided upon by individual groups.

1. Annie Dufreney, Christian Boisson, Lynn Martin, Sally Openshaw and members of the Commission on Training and Standards, “Fundamentals of Integrative Psychotherapy”. This is a day-long course that will meet in both the morning and afternoon sessions.

This all day fundamentals course provides an overview of the theory and methods of Integrative Psychotherapy. It is an excellent introduction for those new to the model, as well as a valuable review for those already familiar with the model. Major topics that will be included are:

1. *The History and Philosophy of Integrative Psychotherapy*
2. *The Theories of Motivation, Personality and Methods*
3. *The Key of Methods: Inquiry, Attunement and Involvement*

We will include the major concepts of Contact and Interruptions to Contact, Life Scripts, Relational Needs, Ego States and Transference, Juxtaposition, Therapy of Introjection, and more. All are welcome.

2. Maite Pi & Julia Sanchez, “Attachment in Adults, Relational Needs and Psychotherapy”

The workshop will be in three parts. In the first part we'll explain attachment theory in adults and how the attachment representations both in therapists and clients have an influence in the psychotherapeutic process. Also, we'll introduce the clinical use of the Adult Attachment Interview. In the second part we'll conduct a practical creative exercise with the participants to explore attachment styles. At the end we'll discuss the results with the participants integrating attachment theory and the principles of integrative psychotherapy.

Maite Pi: Clinical psychologist and psychotherapist. I have worked in The Institut d'Assistència Sanitària, a company of the Health Department of the Government of Catalonia since 1992. I'm the head of a Mental Health Service for children and adolescents (0-18 years old) in Girona (Spain). Previously I worked in the Institut Pere Mata in Reus (Tarragona), a Psychiatric Institution, from 1983 to 1991, as a clinical psychologist.

Julia Sanchez: Psychotherapist. I work as specialist in psychology and pedagogy in an early attention team at the Community of Madrid. From 1980 I worked as an educator in children's homes. After that I was a director in a nursery and later in the Educators' School and Regional center for child support. I've done training tasks collaborating with teams of different nurseries and children's homes of the public services, as well as with educators of children's and adolescent's homes.

3. Carol Merle-Fishman, “An Integrative Psychotherapy of Post-Partum Adjustment”

The life long impact of postpartum adjustment on women, their children and their partners is an easily overlooked and often misunderstood aspect of clinical practice. An intergenerational investigation and understanding of postpartum adjustment is imperative in order to fully address a client's attachment issues and relational needs, and provide the necessary psychotherapeutic presence while working with this unique developmental event. Drawing on concepts from Integrative Psychotherapy,

Transactional Analysis and attachment theory, this workshop will offer a way to understand and approach postpartum adjustment, and integrate this understanding into regular clinical practice with both women and men.

Carol Merle-Fishman, M.A., LCAT, LMHC is an Integrative Psychotherapist, Licensed Creative Arts Therapist and Certified Clinical Transactional Analyst. She is in private practice in New York, and is a Trainer /Supervisor for IIPA.

4. Maryline de Leon, “Anorexia Nervosa: Disorder of Early Attachment”

The concepts of Integrative Psychotherapy makes it possible to consider anorexic problems in an attachment-differentiation dialectic. My hypothesis is that the anorexic person is unable to create his or her separate identity in so far as the individual has not felt attached. Thus anorexia nervosa is not to be apprehended/understood as a disorder of orality or as borderline, but as a coping system to escape exterior abuse in order to exist as a separate individual. I will illustrate with the case of a cachectic anorexic woman.

Maryline de Leon. Psychotherapist - I worked for 14 years with clients suffering from Eating Disorders. I studied psychopathology and psychology of development at the university (12 years) - Transactional Analysis. (5 years). I met Richard Erskine and started Integrative Psychotherapy training in 2006.

5. John Hallett, David Conlin & Lindsay Stewart, “Attunement and Inquiry: The Subtle Methods of Establishing Psychotherapeutic Presence”

How do you feel about demonstrating your skills with attuned inquiry in front of an observing peer? When was the last time you had feedback on your inquiry skills from a peer? Do you believe that you can learn more about attuned inquiry? In this experiential workshop we hope to get to the heart of attuned inquiry as well as exploring its infinite subtleties. In groups of three be prepared to demonstrate your skill, to get some direct feedback and to offer your professional observations.

John Hallett, M.A, is a founding member of the IIPA and a registered psychologist in Vancouver, Canada, with over 30 years of experience in practicing and teaching psychotherapy. He is a certified Trainer and Supervisor of IP with a special interest in EMDR.

David Conlin MSW RSW is a clinical social worker who lives and works in Vancouver, Canada. He is a founding member, member of the Board of Trustees and a Trainer and Supervisor with the IIPA.

Lindsay Stewart is a Clinical Social Worker living in Vancouver Canada where he has a private practice working with individuals, couples and groups. Lindsay is a founding member of the IIPA and has provided training groups and clinical consultation using the Integrative Psychotherapy model for over 15 years.

6. Mitch Rouzie, “Unconscious Expression of Attachment and Relational-Needs: The Psychotherapist’s Resonance”

Erskine has briefly categorized seven dynamic realms of unconscious expression of aspects of attachment and relational needs. The psychotherapist's ability to sense,

identify and help express this vital information can open many avenues to therapeutic attunement. This workshop will offer a theoretical exploration of these realms, along with both clinical examples and live demonstration of the application of theory to clinical practice.

Mitch Rouzie, LCSW provides forensic evaluations for Family Court, is a member of the Kent Seminar, is an IIPA supervisor and trainer, and has a psychotherapy practice in Staten Island, NY.

Friday afternoon:

15:00-18:00 –

Six simultaneous workshops; each group chooses their own break time.

1. Annie Dufreney, Christian Boisson, Lynn Martin, Sally Openshaw and members of the Commission on Training and Standards, “Fundamentals of Integrative Psychotherapy.”

Continuation from the morning session.

2. Lison Robichon-Bussière, “Relational Needs and Family Dynamics”

A child’s psychological problems are most of the time the consequence of a relational dysfunction of the family. Family therapy allied to Integrative Psychotherapy brings to light the types of interactions, the family structure and particularly relational unmet needs. It allows the family inner dynamics to be reorganized and fosters a relational readjustment, which releases the child from his/her symptoms. An opportunity for personal experimentation will be proposed during this workshop.

Lison Robichon-Bussière, a Certified Integrative Psychotherapist, works with children in therapy groups and also with adults and families in her private practice in Paris.

3. Grace Slottje: “War Trauma in the Young Child: The Healing and the Long Path to Freedom”

During this workshop I will look at the importance of attunement, the satisfaction of relational needs, and the implication of the therapist in the treatment of traumas that leave the child without a narrative and without a secure base. This will be an interactive workshop where we will discover together some answers to questions like: Is it possible to free oneself of these traumas? What makes the person feel free to speak about these traumas after ten, thirty or more years of silence?

Grace Slottje is an IIPA certified therapist. She has coordinated all of the translation for IIPA conferences since 2003. She has organized workshops for Richard Erskine in France since 2006.

4. Maria Assunta Giusti, “The Psychotherapist’s Presence and Involvement in the Psychotherapy of Autistic Children”

I will take into account the setting with children and more specifically with autistic children. I will speak about the significance of attachment in the therapeutic

relationship with children, about relational needs of the child, of his-her family and social workers. These aspects underline the importance of an involved therapeutic presence as a fundamental aspect in treatment.

Maria Assunta Giusti is a Psychologist and a Child and Adult Psychotherapist. She is TSTA, as is responsible for the Autism Area at the Centro Riabilitativo di Viciomaggio. Mariella is Director and Teacher of the Counselling Course of Integrative Transactional Analysis, and a Teacher in several other Italian Institutes. She is the author of many articles and books.

5. Elizabeth Keeney, "A Relational Psychotherapy of Disorders of Attachment - Understanding the Addictive and Compulsive Behavioral Link"

The need for satisfying interpersonal relationships and the degree to which we are unable to form healthy intimacy determines the degree to which we are vulnerable to substitute addictive and compulsive behaviors for human connection. These behaviors serve to manage the discomfort of affect dysregulation, insecure attachment styles and relational failures. Healing occurs through reciprocity, mutuality and reparation in the context of a secure therapeutic attachment.

Elizabeth Keeney PhD, LCSW is the manager of an inpatient chemical dependency rehab unit, a member of the Kent seminar, is an IIPA supervisor and trainer and has a psychotherapy practice on Staten Island, NY.

6. Carol Merle-Fishman, "Presence, Attachment and Relational Needs in Guided Imagery and Music"

Music has the potential to provide powerful experiences of psychotherapeutic presence, create attachment and meet an array of relational needs. The combination of Integrative Psychotherapy and Guided Imagery and Music offers a unique partnership of verbal and nonverbal modalities, which allows for an integration of affect, cognition, behavior and phenomenological experience, and a way to explore attachment and relational needs, often not possible through words alone. This experiential workshop will provide opportunities for individual and group Guided Imagery and Music, leading to a deeper understanding of music as a therapeutic presence and form of attachment in our lives.

Carol Merle-Fishman, M.A., LCAT, LMHC is an Integrative Psychotherapist, Licensed Creative Arts Therapist and Certified Clinical Transactional Analyst. She is in private practice in New York, and is a Trainer /Supervisor for IIPA.

Friday evening:

18:30 – 20:15: IIPA Talent Show: Anni Dufrenay (France), Anny Lelièvre du Broeuille (France), Carol Merle-Fishman (U.S.), Grace Slottje (France), Isabella Nuboloni (Italy), Lindsay Stewart (Canada); Lison Robichon- Bussièrre (France), Sandra Watson (U.K.), Sylvie Monin (Switzerland)

Program Director: Lindsay Stewart (Canada); Master of Ceremonies: Joshua Zavin (U.S.)

Saturday, April 23rd

Saturday morning:

Morning workshops are 09:00 – 13:00 with a coffee break between 10:45-11:15.

1. Helene Cadot, “Expanding Our Repertoires While Enhancing Our Presence”

Sooner or later, as psychotherapists, we stumble on our Achille’s heel, our limitations... when confronted with paradoxes, tensions, dilemmas, and doubts that frequently occur in the course of the therapeutic journeys. We will talk about common pitfalls through examples, acknowledge our familiar repertoire; listening to each other, we’ll have the opportunity to experience cross fertilization, open ourselves to fresh ideas and awareness regarding our therapist’s attitudes, responsibility, effectiveness, in an integrative and relational perspective, including our use of language with each unique client.

Hélène Cadot has been a clinical psychologist and psychotherapist for 25 years; she is a Certified Integrative Psychotherapist, Trainer & Supervisor, doing training in France and Central Europe. Currently member of the C.S.C of IIPA and of the editorial board of the Integrative Psychotherapy Journal. Has translated Integrative articles & books into French.

2. Joshua Zavin, “Physiological Inquiry, Attunement and Involvement: With and Without Touch”

This workshop will explore the importance of inquiry and attunement, particularly at the body level. How the client expresses his or her history, feelings and needs non-verbally, and how the therapist responds to the non-verbal – including the possible use of therapeutic touch – can be an essential part of creating a healing relationship for the client, with an interested, attuned and involved therapist. A brief theoretical discussion will be followed by a case presentation, and a piece of live therapy.

Joshua Zavin, Ph.D. is a Clinical Psychologist in Morristown, New Jersey. With the IIPA, he is a Founding Member, a Trainer/Supervisor and the Director of Communications. He works with adults - individuals, couples and groups - and has specialties in substance abuse and mind-body approaches to therapy.

3. Marye O-Reilly-Knapp, “Therapeutic Involvement: Implications for Secure Attachments”

As a therapeutic process, involvement includes acknowledgment, validation, normalization and presence by means of the therapist. Involvement as a therapeutic transaction consists of the therapist’s deep concern for the welfare of the client, sensitivity to the client’s relational needs and feelings, significance of the here-and-now moment, respect for transference and coping patterns to deal with archaic experiences, and the therapist’s persistent, attuned responses to the client. Failures to attune are failures to connect. The implications for involvement in working with a client with an insecure attachment are the focus of this workshop. A live demonstration will center on involvement in building a secure attachment.

Marye O'Reilly-Knapp, PhD, RN, is an Associate of the International Integrative Psychotherapy Association of New York and has contributed to the development of theory in both Integrative Psychotherapy and Transactional Analysis.

4. Lynn Martin, "Psychotherapy with Adolescents: Identity vs. Role Confusion and the Importance of Attachment"

This workshop is about the methods of doing psychotherapy with adolescents who engage in a constant struggle between attachment and detachment. We will examine early attachment patterns and how they are present in the lives of adolescents, and the conflict that they go through in establishing a sense of independence. We will consider various methods of helping the adolescent develop a solid sense of identity and attachment so that they can go on to the next stage of life.

Lynn Martin M.A.CIP B.Ed, Dip.Couns, Dip.Sup. MNCH(Acc). Lynn has worked with young people, for 35 years as a teacher, youth worker and psychotherapist. She is a Certified Integrative Psychotherapist in private practice in the UK. She also works as a trainer specialising in the development of training for those working with children and young people.

5. Anthony Jannetti, "Psychotherapy of Introjection: the Resolution of Intergenerational Neglect and Trauma"

Unresolved trauma and neglect, partially repressed by a person in one generation, can reappear in various forms in the personalities of that person's children and grandchildren. There is a healing psychotherapy process that we can use to help our clients resolve this introjected trauma and, neglect, and stress. In this workshop I will teach the theory of interjection and demonstrate (by working with a volunteer) the techniques of psychotherapy with the introjected parents and grandparents of our clients.

Anthony Jannetti, Ph.D. is an International Integrative Psychotherapy Trainer and Supervisor. He is a member of the Professional Development Seminar, Kent. Anthony maintains a private practice in San Francisco, California, and he is a Medical Center Psychologist. He has been a guest trainer in England and Italy

6. Clinical Forum and Workshop– Amaia Mauriz-Etxabe, Daniele Helle-Golliard, Mary Doherty, Mercedes Pedreira, Rachele Di Vezza, Rachel Hudson and Valerie Lutzelschwab, "The Healing Power of the Therapeutic Presence: or, the Hidden Essence in Psychotherapy"

The healing significance of the Therapeutic Presence when it is constant, safe and certain, is one of the most evident and more powerful tools that the therapist uses as an essential method for a successful Psychotherapy. This workshop will present a theoretical view and experiential life work where we can see the interconnection between concepts like Therapeutic Presence and object constancy, transference, and relational needs, since all of them are closely linked to success in psychotherapy and healthy relationships.

Amaia Mauriz-Etxabe is a Clinical Psychologist, Transactional Analyst, Psychodramatist with a group analytic view, and a Certified Trainer and Supervisor

of the International Integrative Psychotherapy Association. She works in private practice as a teacher, supervisor and psychotherapist, in Bilbao at the Institute "Bios, Psicólogos".

Danièle Helle-Golliard is a Psychologist and Psychotherapist. She lives in the French part of Switzerland where she has a private practice, working with individuals and groups. She is also certified Transactional Analyst.

Mary Doherty is a psychiatrist from Vancouver, Canada. She has worked for 25 year in community psychiatry with the chronically mentally ill and has a private practice with a particular interest in psychotherapy. Prior to specializing in psychiatry she worked as a general family doctor in northern Canada.

Mercedes Pedreira Quiroga is a Clinical Psychologist trained in Transactional Analysis and Integrative Psychotherapy, and Psychodramatist. I have been working for 20 years in a Public Addictions Treatment Center.

Rachele Di Veza is a Clinical Psychologist and a Certified Integrative Psychotherapist, (CIP), she is also a CTA (Certified Transactional Analyst). She has been working for over 20 years in a private clinical practice as a psychotherapist, and for over 15 years she has been very much involved in working in the Educational field. She is the founder of an educational project named Con-tatto (contact) which at present involves more than 20 schools and she has been very much involved in recent years in spreading Integrative Psychotherapy both in her clinical and educational practice. She lives in the Central part of Italy, about a 100km from Rome.

Rachel Hudson has a background in Education, having taught in school, institute and university in UK. She holds a Masters in Integrative Psychotherapy and works in private practice, offering Supervision and Training. She seeks to introduce a relational model to all her teaching in counselling and psychotherapy where she specializes in training for working with children & young people.

Valérie Lutzelschwab (France): I have been working as an independent Psychotherapist since 2004, after having worked for 14 years in a large company. My approach is influenced by Transactional Analysis, Gestalt Therapy and Integrative Psychotherapy. I am working with individuals, groups, children, families and couples.

Saturday afternoon:

15:00 - 18:00 - Five simultaneous workshops; each group will choose their own break time.

1. Jose Manuel Martinez, "Attachment, Stress and Crisis: Keeping Contact in Difficult Situations"

Patterns of attachment are important factors in the kind of experience people have while facing stress events. Long term stress is at the same time the stimulus and the consequence of re-experiencing archaic patterns of attachment which prevent the satisfaction of current relational needs. A relational approach which fosters acknowledgment, validation and presence in the context of a therapeutic relationship helps the client to reduce internal pressure and stop the development of a crisis.

José Manuel Martínez (M.D.) is a Psychiatrist, International Trainer and Supervisor of IIPA, Supervisor Transactional Analyst (I.T.A.A.-E.A.T.A.). Pepe is the Director of the Institute of Transactional Analysis and Integrative Psychotherapy at Valladolid. Spain.

2. Elena Guarrella, “Attunement and Presence in Couples Therapy”

In this workshop the participants may explore through a Psychodrama, the role of the Relational Needs and the influence of the frustrating and idealized Introjections in their couple relationship. They may also receive some core couple-method inputs: the aim of the Couple Therapy is seen as offering to the clients a process to become themselves "Intimacy Trainers" in their love- relationship.

Elena M. Guarrella is a Psychologist, Psychotherapist, IIPA International Trainer and Supervisor, PTSTA of ITAA, with 30 years of work with individuals, couples and groups. Responsible Director for Training Area of IANTI, (Istituto di A. T. Integrativa, Rome, Italy) since 1995, and Didactic Director of the Integrative Counseling Course and Integrative Psychotherapy Master. She works in Italian cities and in Europe.

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3. Brigitte Rota, “In Touch with the Unexpected... Using Painting as a Creative Mediation to Let a Creative Sense of Self Emerge”

In this workshop I will introduce how I support the process of developing a Creative Sense of Self. I use painting as a contact medium, an invitation to meeting that starts by a look, and becomes a dialogue, while I adjust constantly. The production of the client, which is rich in identity, meaning, history and growth, acts as a metaphor of the person. It is a pre-text, in language form, imprinted in the body, which expresses at the same time the problem and its solution. I will illustrate my presentation with clinical cases showing how the problem is identified and revealed through plastic expression and showing possible solutions. I will also offer a time for personal experiencing ... to get in touch with the unexpected!

Brigitte Rota. I am a Clinical psychologist, Psychotherapist, Trainer and Supervisor in Integrative psychotherapy. I use body mediation and plastic arts to foster change in the therapeutic process. I supervise the practice of professionals in the Psychotherapy, Health and Education fields. I work in Marseille, France.

4. Members of the Kent Professional Development Seminar, Kent CT (USA), “Relational Group Psychotherapy”

Relational Group Psychotherapy provides the opportunity for an expression of each person's relational-needs and the creation of new forms of attachment. The psychotherapist's active presence provides an atmosphere that encourages the involvement of group members with each other through inquiry, affective attunement, and normalization. In this experiential workshop members of the Professional Development Seminar of Kent, Connecticut will share their knowledge and skill in Relational Group Psychotherapy. Come join us in relating to each other in a way that dissolves stress and fosters a sense of connection.

The Professional Development Seminar of Kent, Connecticut has experimented with various forms of group psychotherapy for many years. Each member is an experienced psychotherapist in individual and group therapy.

5. Sally Oppenshaw, “Building Attunement and Validation of the Erotic Connection Between Therapists and Their Clients”

In this workshop an interactive approach, using case examples and discussion, will enable us to discover why therapist and clients may not talk freely about erotic material, how this silence affects real contact, and has an impact on shame responses in either party. Normalization of erotic material will be modeled through live supervision or individual client work and a model for integrative body sensation will be presented to maximize the potential of integrative erotic transference and counter-transference in future client work.

Sally Oppenshaw is an accredited Fellow of the British Association of Sexual & Relationship Therapists. She is a registered psychotherapist with UKCP. She works alongside clients with a range of sexual and relationship problems using an integrative approach.

6. Rachele Di Vezza, Karen Christine Cesarano, “Motivation, Involvement and Relational Needs: How they can be addressed while maintaining the working alliance within the boundaries of a social therapy?”

In this workshop we want to share our way of using I.P. theory and method as a tool for “social therapy”. We will explain our view of how the Key Hole Method and the Theory of Motivation can be used as a tool at a general level of therapeutic work. There will be a small group activity followed by a discussion in the whole group of the experience with regards to the efficacy of the method and theory applied.

Rachele Di Vezza is a Clinical Psychologist and a Certified Integrative Psychotherapist, (CIP). She is also a CTA (Certified Transactional Analyst). She has been working for over 20 years as a psychotherapist, and for over 15 years she has been involved in the education field. She is the founder of an educational project named Con-tatto (contact) which involves more than 20 schools. She is very involved in spreading Integrative Psychotherapy both in her clinical and educational practice. She lives in the Central part of Italy, about 100km from Rome.

Karen Christine Cesarano is a Clinical Psychologist, a Certified Integrative Psychotherapist, (CIP), and a CTA (Certified Transactional Analyst). She has worked for some years in a residential community for people with severe mental disorders, and for over 20 years has been working in her private practice as a psychotherapist. She has also worked for many years in the education field together with Rachele Di Vezza in the “Con-Tatto” project. In recent years she has become co-tutor at the Wealden Institute in England involved in teaching elements of Integrative Psychotherapy. She lives in the Central part of Italy, about 140 km from Rome.

Saturday evening:

20:00 – Gala Banquet and Dance (For all – by reservation. Additional charge for this event. Guests welcome.)

Sunday, April 24th

Sunday morning:

10:00 - 13:00: An assembly of the entire conference.

1. Keynote - Brigitte Rota, “The Four Dimensions of Human Functioning: Affective, Behavioral, Cognitive and Physiological”

Brigitte Rota is a Clinical Psychologist, Psychotherapist, Trainer and Supervisor in Integrative Psychotherapy. She uses body mediation and plastic arts to foster change in the therapeutic process. Brigitte supervises the practice of professionals in the Psychotherapy, Health and Education fields. She works in Marseille, France.

2. Keynote speech - Christian Boisson, “Countertransference and Presence of the Psychotherapist”

Christian Boisson is clinician psychologist and psychotherapist certified in Integrative Psychotherapy after being teacher in primary and special schools. He gives support to people working for health care and social welfare. His office of psychotherapist is located in Besançon, France.

3. Closing experience – “Contact, Attachment and Involvement in Our Association”